



Welcome to Leapin' Lindy 2025. We are The Team.



Anja (she/her)
German, Slovene,
English

Flo (he/him)
German, French,
English

Christa (she/her)
German, English,
French

With the tireless help of many volunteers and the enthusiastic support of our professional partners, we have organized Leapin' Lindy 2025 for you. Our faces may not be the prettiest ones you will see during the event, but it can be useful to recognize us. If you ever need to find those responsible for everything, look for us.

This will be us on Monday morning. We hope, you'll be just as happy and tired!



Care Team

We are the Care Team and we are here for you (wearing a big red carnival rose). You can interrupt us anytime, whether we are dancing or chatting with our friends, whether you need help or are looking for a friendly person to talk to or dance with. Our biggest goal is that everyone has a safe and enjoyable weekend.

Please have a look at the [Code of Conduct](#) (in English, German and French) which you'll find on the Leapin' Lindy homepage. If you experience or witness any behaviour which is unacceptable or dangerous, please contact one of the Care Team members, write to saferspace@leapinlindy.ch, fill out the [anonymous form](#) or call +41 76 650 79 80.



Patricia (she/her)
French, German, English



Dima (he/him)
German, English,
Belarusian, Russian



Jacqueline (she/her)
English



Matej (he/him)
Slovak, English, German, French



Earanee (she/her)
English



Ivo (he/him)
German, English



Sia (she/her/they)
German, English, Swedish,
French



Food and Drinks

You will be able to buy snacks and drinks at all of the locations (cash or Twint) and you are always allowed to bring your own water bottle, including to the party venues.

There are no restaurants or stores near the workshop locations, so **if you have both morning and afternoon classes, make sure to bring your own lunch.** In Bern, stores are closed on Sundays, except in the Main Train Station.

Please do not eat or drink in the gym (if you must break this rule, stick to water). You can eat and drink in the entrance hall or, hopefully, while enjoying the sun outside :-)

Shoes

Please wear clean shoes with soles which don't rub off on the floors. Also, please don't ruin any of the floors with spiky heels.

Chill Out, Practice and Shower

On Sunday, we have an empty gym in Neufeld where you can chill out, practice or leave your luggage without supervision. There are also showers in the changing room of all the gyms which you are welcome to use.



Check In

We will do our best to keep queues short, but please come early, if you don't want to miss the beginning of classes. On Thursday, you can dance first and check-in later if there is a queue.

Thursday, March 13th

**Club National
(Shakira)**
Hirschengraben 24
3011 Bern

Check In 20:00-24:00

Party 20:00-24:00
DJs

Friday, March 14th

**Le Cap
(Paroisse Française)**
Predigergasse 3
3011 Bern

Check In 13:15-13:30

Friday Teacher's Special

Culturally Appreciative
Teaching of Lindy Hop

13:30-16:45

Trisha

Theater National
Hirschengraben 24
3011 Bern

Check In 19:00-24:00

Free Class with Fancy & Sandy
Collegiate Shag for Beginners
19:30-20:30

Fast Feet Corner
next to the DJ

Party 20:30-3:00
The Swing Shouters
Hornsgatan Ramblers
Teachers Introduction & Shows
DJs

Saturday, March 15th

Turnhallen Neufeld Bremgartenstrasse 137 3012 Bern

Check In 10:45-11:30

Bebop
11:15-12:30
Erol

Lindy Perf
11:15-12:30
Breonna &
Stephen

Lindy Adv
11:15-12:30
Bianca & Nils

Lindy Int/Adv
Schedule 1
11:30-12:45
Katja & Flo

Bebop
12:45-14:00
Erol

Lindy Perf
12:45-14:00
Bianca & Nils

Lindy Adv
13:00-14:15
Katja & Flo

Lindy Int/Adv
Schedule 1
13:00-14:15
LaTasha &
Stephen

Check In 14:45-15:30

Shag Chall
15:30-16:45
Fancy&Sandy

Lindy Beg/Int
15:15-16:30
Katja & Rikard

Lindy Int
15:15-16:30
Bianca & Nils

Lindy Int/Adv
Schedule 2
15:15-16:30
Breonna &
Stephen

Shag Chall
17:00-18:15
Fancy&Sandy

Lindy Beg/Int
16:45-18:00
Serpil & Erol

Lindy Int
16:45-18:00
Katja & Rikard

Lindy Int/Adv
Schedule 2
16:45-18:00
Bianca & Nils

Turnhallen Hochfeld Hochfeldstrasse 44 3012 Bern

Solo Relaxed
11:15-12:30
Serpil

From Africa
to the
Diaspora
11:15-12:30
Trisha

Solo Relaxed
13:00-14:15
Breonna

From Africa
to the
Diaspora
12:45-14:00
Trisha

Solo Chall
15:15-16:30
Serpil

Soft Shoe
Tap
15:15-16:30
Fredrik

Solo Chall
16:45-18:00
Breonna

Soft Shoe
Tap
16:45-18:00
Fredrik

Theater National

Check In
from 10:45

Shag Basics
11:15-12:30
Fancy&Sandy

Shag Basics
12:45-14:00
Fancy&Sandy

Check In
from 15:15

Continuum
Flow
15:45-17:00
LaTasha

Continuum
Flow
17:15-18:30
LaTasha

Theater National
Hirschengraben 24
3011 Bern

Fast Feet Corner
next to the DJ

Free Class with Moncell Durden
Open Level
19:30-20:30

Party 20:30-3:00
Hornsgatan Ramblers
The Swing Shouters
Shows
DJs

Sunday, March 16th

Turnhallen Neufeld Bremgartenstrasse 137

Practice
and
Chill Out
Room
10:30-16:30

Lindy Beg/Int 10:30-11:45 Breonna & Stephen	Lindy Int 10:45-12:00 Serpil & Erol	Lindy Int/Adv Schedule 2 10:30-11:45 Trisha & Carlos
Lindy Beg/Int 12:00-13:15 Trisha & Carlos	Lindy Int 12:15-13:30 LaTasha & Stephen	Lindy Int/Adv Schedule 2 12:15-13:30 Katja & Rikard
Lindy Perf 14:15-15:30 Katja & Rikard	Lindy Adv 14:00-15:15 Serpil & Erol	Lindy Int/Adv Schedule 1 14:00-15:15 Trisha & Carlos
Lindy Perf 15:45-17:00 Serpil & Erol	Lindy Adv 15:30-16:45 Breonna & Stephen	Lindy Int/Adv Schedule 1 15:30-16:45 Bianca & Nils

Turnhallen Hochfeld Hochfeldstrasse 44

Solo Chall 10:30-11:45 LaTasha	Aerials 10:30-11:45 Bianca&Nils
Solo Chall 12:00-13:15 Fancy&Sandy	Aerials 12:00-13:15 Bianca&Nils
Solo Relaxed 14:30-15:45 LaTasha	Shag Figures 14:15-15:30 Fancy&Sandy
Solo Relaxed 16:00-17:15 Katja	Shag Figures 15:45-17:00 Fancy&Sandy

Viento Sur
Lerchenweg 33
3012 Bern

Party 18:00-24:00
Live Jam (bring your instrument)
DJs & Vinyl DJ

Free Extras

Friday: Collegiate Shag for Beginners

Learn the basics of this fun and fast dance from Sandy & Fancy, two of the top teachers and shag dancers.

Included with the Friday party entrance and the Party Pass.

Saturday: Moncell Durden

Meet our special guest on Saturday and join the free class before the party. Immerse yourself in Moncell Durden's vast knowledge and experience of 20th century African American dances.

Included in the Party Pass.

Sunday: Live Jam

Bring your own instrument or your voice and join the jam! This is your chance to play for the best audience ever: Leapin' Lindy dancers!

For more information, send us an email to jam@leapinlindy.ch

Open for everyone

Postcards

Share some memories with your old and new friends by writing something on their postcards. You will find the postcards at the parties and at main workshop location (Turnhallen Neufeld).

- 1) Ask your friend for their name, if you don't know it already.
- 2) Find the box with the postcards.
- 3) Look for the sticker with the name of your friend and put it on a postcard.
- 4) Maybe the sticker's not there since someone already stuck it on a postcard. In that case, look for the postcard with their name in the postcard box.
- 5) Write something nice in a few sentences, so that others still have space to write something too.
- 6) If your friend has a very common name, you can add a description of what they look like. This way, more people will be able to find the correct postcard.
- 7) Put the postcard alphabetically in the postcard box.



Before you leave, pick up the postcard with your name on it. We will not be sending them, but if you forget your postcard, you might have a chance to find it at a different dance event in Bern.

**Paid Extras
Turnhallen Neufeld**



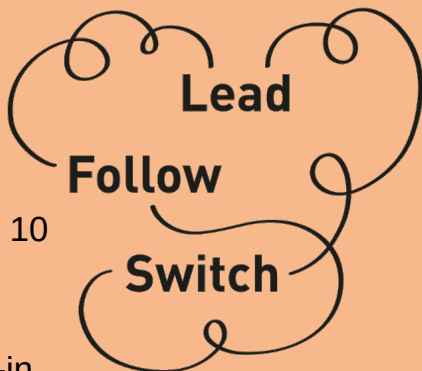
Print your own T-Shirt

Lino will be on the upper floor of the workshop location (Turnhallen Neufeld) with his print bike. He will bring t-shirts in various sizes and colors and four different prints from which you can design your own t-shirt. You can also bring your own cotton shirts and customize them with the prints.



Prices

- T-Shirt with one print: CHF 28
- T-Shirt with two prints: CHF 33
- Print on your own garment: CHF 10



If you have preordered a t-shirt, you will be able to pick it up at the Friday and Saturday parties, either in the upper gallery during "check-in rush hour" or at the check-in desk.

Of course, you can further customize your t-shirt on the print bike if you wish.

Massage

The massage studio Relaaax will be giving Californian neck and back massages and Ayurvedic foot massages on the lower floor of the workshop location (Turnhallen Neufeld).

Find out more about their offer and prebook your massage slot on their website:
<https://www.massage-relaaax.com/massage-tanz-festivals>
Access code / password: happyfeet

For spontaneous massage needs, you will also be able to sign up for further slots directly at the festival.



**Paid Extras
Theater National**

Vintage Hairstyling

Get ready for a long night out by letting the professional hairstylist Anita Zbinden do your hair. You will find her in the gallery of Theater National on Saturday (18:00-22:00).

CHF 40 for a full monty (max. 45 mins)

For pre-booking contact: +41 77 469 36 04



Nuristella's Fancy Safety Pants

Nuristella's safety pants are super comfortable, beautifully cut and glitter wonderfully on the dance floor, making them an absolute eye-catcher. These pants can and should be seen!

They are designed by local dancer and costume designer Nuria Trüb and handmade in her studio in the center of Bern. Customization and special requests can also be taken into account when ordering.

Nuria will be in the gallery of the Theater National during the Friday and Saturday parties. If you have a dress with straps that slip, bring it along and she will sew in strap holders directly on site for CHF 15. And of course, you can also buy her fancy safety pants!



Dance Shoes

You will be able to buy **Slide & Swing** shoes in the Gallery of Theater National. Don't miss out on this chance to try on some top quality dance shoes!



Leapin' Lindy Socks

We are selling Leapin' Lindy socks that are fairly produced in a small factory in Bulgaria and made out of 76% recycled materials.

Cash or Twint only.



Locations



Dance Locations

0 Le Cap (Paroisse Française)

1 Neufeld Turnhallen 2 Hochfeld Turnhallen

3 Theater National / Club National (Shakira)

4 Viento Sur

6 Main Train Station / Hauptbahnhof

Bus / Tram Stops

6 Hauptbahnhof

7 Länggasse (Bus 20)

8 Schanzenstrasse (Bus 20)

9 Hirschengraben

10 Bärenplatz

11 Unitobler

12 Mittelstrasse

You can find the zoomable map here:

https://umap.openstreetmap.fr/de/map/leapin-lindy-2024_999908

Walking distance from Main Train Station to Neufeld Turnhallen: 25-30 min

Walking distance from Länggasse (Bus 20) to Neufeld Turnhallen: 8 min

Walking distance from Main Train Station to Le Cap: 11 min

Find your bus schedule at www.sbb.ch

Last but not least

Have fun, make new friends and take care of each other on and off the dance floor!

